

# **Meeting Information**

### Mentor Leader: Human Relations in Organizations

- August 24<sup>th</sup> through December 21<sup>st</sup>
  - × Thursdays from 6:30 to 9PM
- Boys and Girls Club
  - × 1100 South 13<sup>th</sup> Avenue, Yuma, Arizona 85364



www.ADebtFreeStressFreeLife.com

# **Contact Information**

## <u>Coach Mike</u>

- Michael Morrissey, AWC Associate Faculty
- Executive Director, Housing Authority City of Yuma AHDC/SHINE
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- <u>Michaelm@hacy.org or michael.morrissey@azwestern.og</u>

## • <u>Coach Luz</u>

- Luz Acosta, Program Manager
- o <u>luza@hacy.org</u> (928) 261-8635

# <u>Coach Claudia</u>

- Claudia Zavala, Program Assistant
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# Introductions

## Pick a Partner...

• Someone You Don't Already Know

### • Learn the following:

- Name
- High School Grade
- School Activities Hobbies Interests
- College and/or Career Goals
- Other Interesting Facts

#### Introduce Partner to the Class

#### Hello World!





# **Course Information**



# BUA-109: Principles of Human Relations

- Human Relations in Organizations: Applications and Skill Building 9<sup>th</sup> Edition by Robert N. Lussier – McGraw-Hill 2013
  - × ISBN 978-0-07-802920-2

Human Relations in Organizations Applications and Sall Building

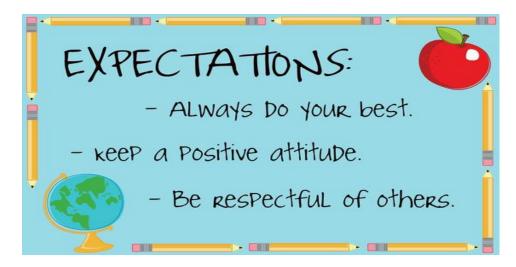






# **Expectations**

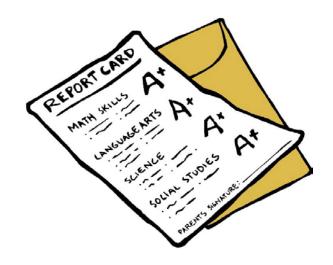
- Wear Assigned Uniform
- Attend All Classes and Be On-Time
- Participate in Class Discussion and Group Projects
- Complete Weekly Assignments and Maintain Binder
- Complete Projects, Presentations, Essays, Quizzes/Exams



# **Grading Policy**

- <u>Attendance and Participation</u> (Total 170 Points)
  - 10 Points each week for attendance and participation (FIB)
    - ▼ 5 Points if no attendance, but complete FIB
- <u>Weekly Assignments</u> (Total 120 Points)
  - 10 Points each week for completing weekly assignments
- <u>Projects (E/P's</u>) (Total 300 Points)
  - 3 Projects at 100 Points each
- <u>Final Exam</u> (Total 100 Points)





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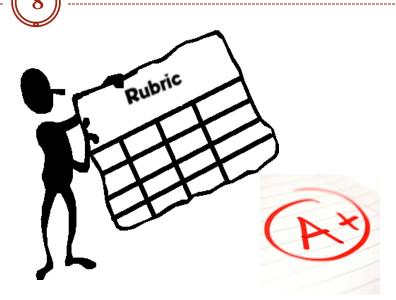
policy

# **Grading Policy**

# • Earn Total 690 Points

- A = 621 to 690 Points
- $\circ$  B = 552 to 620 Points
- C = 483 to 551 Points
- D = 414 to 550 Points
- $\circ$  F = 413 or Less Points

## Extra Credit



- There will be opportunities for Extra Credit, and Points Earned will be added to Final Grade <u>Pending Supervisor Evaluation</u>
  - ▼ The SHINE Program 1 Point per Event
  - ▼ Boys and Girls Club 1 Point per 2-Hour Shift
  - ▼ Other TBD (i.e. Essay, Presentation, Community Service, etc.)

# **Course Goal**

#### • <u>This course will cover</u>:

- 1. Understanding Human Relations
- 2. Personality and Perception
- 3. Attitudes and Values
- 4. Time and Career Mgmt
- 5. Communication
- 6. Conflict Resolution
- 7. Leadership
- 8. Motivation
- 9. Ethics
- 10. Networking and Negotiating
- 11. Working with Teams
- 12. Change and Culture
- 13. Diversity

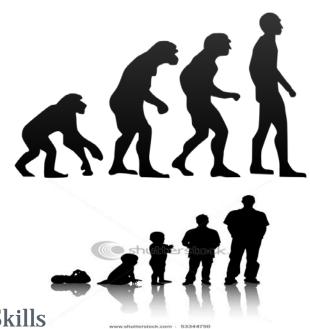




#### Part One: Intrapersonal Skills Behavior, Human Relations, and Performance Begins with You

## <u>Chapter One: Understanding Behavior, Human Relations,</u> <u>and Performance</u>

- Why Human Relations Skills are So Important
- The Goal of Human Relations
- Myths and Realities about Human Relations
- The Total Person Approach
- The Systems Effect
- Human Relations: Past, Present, and Future
- Human Relations Guidelines
- Likability
- Assessing Your Human Relations Abilities and Skills



#### Part One: Intrapersonal Skills Behavior, Human Relations, and Performance Begins with You

### <u>Chapter Two: Personality, Stress, Learning, and Perception</u>

- Personality Affect and Types of Personality
- Locus of Control
- Stress and Controlling Stress
- Intelligence Multiple and Emotional
- Learning Styles
- Perception Biases and Congruence
- First Impressions Image and Appearance
- Nonverbal Communication Handshake



What makes you the way you are

# Part One: Intrapersonal Skills

Behavior, Human Relations, and Performance Begins with You

# <u>Chapter Three: Attitudes, Self-Concept, Values, and Ethics</u>

- Attitudes Theory X and Theory Y
- Pygmalion Effect
- Changing Attitudes
- Job Satisfaction
- Self-Concept
- Self-Efficacy
- Self-Fulfilling Prophecy
- Attribution Theory
- Spirituality in the Workplace
- Values Ethics
- Moral Development
- <u>Who Am I?</u>

#### Part One: Intrapersonal Skills Behavior, Human Relations, and Performance Begins with You

ANAGEME

## Chapter Four: Time and Career Management

- Time and Career Management
- Analyzing Use of Time
- Multitasking
- Priority Determination
- Career Planning Model
  - × Self-Assessment, Exploration, Objectives, and Plan
- Interview Resume
- Career Path
- Job Shock
- Career Plan and Resume

#### Part Two: Interpersonal Skills The Foundation of Human Relations

### Chapter Five: Communications, Emotions, and Criticism

- Interpersonal Skills
- Organizational Structure and Communication
- The Communication Process, Barriers, and Differences
- Cultural Context
- Listening Tips
- Response Styles
- Situational Communication Styles
- Dealing with Emotions and Criticism



#### Part Two: Interpersonal Skills The Foundation of Human Relations

# <u>Chapter Six: Dealing with Conflict</u>

- Transactional Analysis and Ego States
- Life Positions and Stroking
- Assertiveness Passive Aggressive
- Passive-Aggressive Behavior
- Anger and Violence in the Workplace
- Conflict Management Styles
- XYZ Model
- Apologize
- Mediation

## Discovering Your Style



## Chapter Seven: Leading and Trust

- Leadership
- Leadership Theories and Styles
- Situational Favorableness
- Supervisory Styles
- Trust Integrity
- Openness Self-Disclosre
- Repairing Trust
- <u>Test Your Leadership Style</u>
- 108 Skills of Natural Born Leaders



# <u>Chapter Eight: Motivating Performance</u>

- Motivation
- The Performance Formula
- Content Motivational Theories
  - ▼ Identify Needs to understand HOW people are motivated
- Process Motivation Theories
  - Identify Behavior to understand WHY people are motivated
- Job Enrichment and Design
- Self-Motivation



## <u>Chapter Nine: Ethical Power, Politics, and Etiquette</u>

- Power Sources and Bases
- Influencing Tactics
- Politics Behavior and Skill
- Relationship with Boss, Subordinates, and Peers
- Open-Door Policy
- Business Etiquette
- Reputation
- Develop Code of Ethics



# Chapter Ten: Networking and Negotiating

- Networking Objective and Process
- Self-Assessment (Refer to Chapter Four)
- One-Minute Self-Sell
- Coalitions
- Negotiating Strategies, Process, and Plan
- Bargaining

## Self-Assessment and One-Minute Self-Sell



#### Part Four: Leadership Skills

Team and Organizational Behavior, Human Relations, and Performance

- <u>Chapter Eleven: Team Dynamics, Creativity and Problem-</u> <u>Solving, and Decision-Making</u>
  - Teamwork
  - Team Performance Model
  - Team Structure, Dynamics, and Development
  - Group Roles
  - Team Leadership Skills
  - Planning Meetings
  - Handling Problem Team Members
  - Problem-Solving and Decision-Making
  - Creativity
  - Brainstorming
  - Groups Advantages and Disadvantages
- Thinking About Teams



#### Part Four: Leadership Skills

Team and Organizational Behavior, Human Relations, and Performance

## Chapter Twelve: Organizational Change and Culture

- Organizational Change
- Resistance to Change Intensity, Source, and Focus
- Overcoming and Responding to Resistance to Change
- Lewin and Lussier Change Models
- Organizational Culture and Climate
- Organizational Development
- Performance Appraisal
- Coaching



#### Part Four: Leadership Skills

Team and Organizational Behavior, Human Relations, and Performance

### Chapter Thirteen: Valuing Diversity Globally

- Human Diversity
- Prejudice and Discrimination
- Equal Employment Opportunity
- Federal Employment Laws
- Compensation and Benefits
- Health and Safety
- Affirmative Action
- The Legally Protected
- Sex Discrimination and Sexual Harassment
- Political Correctness
- Women and Minorities
- Stereotypes of Man vs. Woman
- Overcoming Sexism and Racism
- Family Sex Roles
- Work and Family Balance



# **Team Building Exercise**

#### <u>Lost at Sea</u>

- You are out to sea, and your ship is about to sink
- You have a number of items at hand, and must prioritize
- Complete individually then move into small groups

#### An Exercise in Human Relations

- Personality Stress Perception
- Attitudes Values
- Time Management Prioritization
- Communication Emotions Criticis
- Dealing with Conflict
- Leadership and Motivation
- Power and Politics
- Negotiation
- Team Dynamics Problem-Solving Decision-Making
- Be Prepared to Discuss







