

SHINE

Core Values



Definition

Core values: the fundamental beliefs of a person or organization



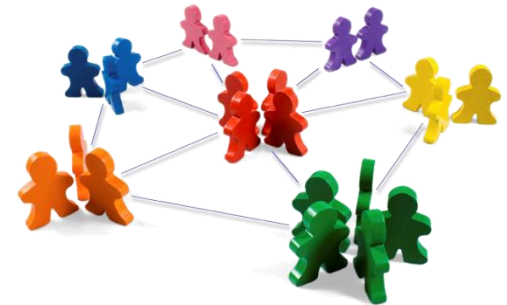
Values



Everyday Life

Core values help:

- Make decisions that reflect what is most important to us
- Determine if relationships have a negative or positive influence
- Learn about yourself and make changes if needed
- Guide behavior and relationships with others



Do You Know Yourself?



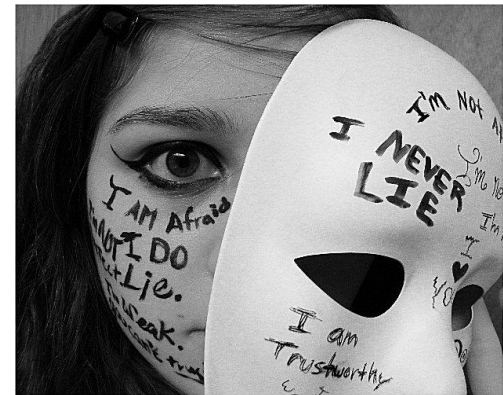
**HOW CAN YOU BE YOURSELF
IF YOU DON'T KNOW YOURSELF?**

What Do You Value?

What are your core values?

Do you value honesty, respect, family?

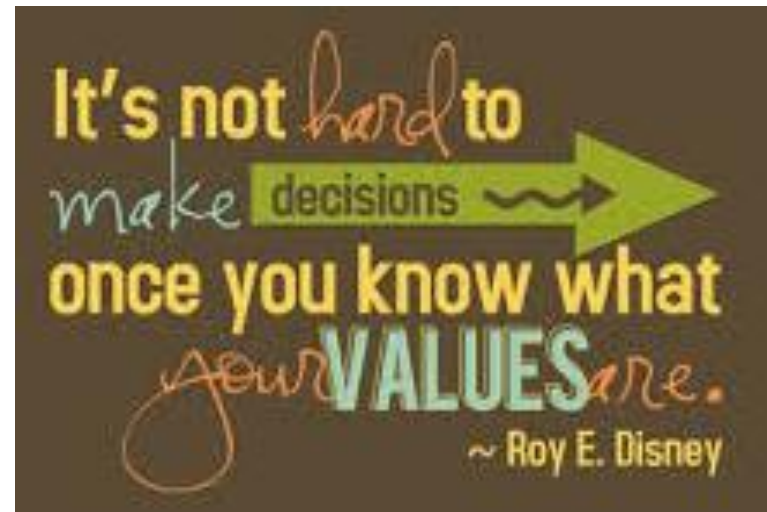
Are your actions a reflection of your core values?



Discussion

Can a person that does not have any values be successful? Why or why not?

Do values help or delay decision making?



Internal Honesty

The more you know your own values, the easier it is to make positive decisions.

What can happen if you make a decision that goes against your core values?

Discussion

Can you do “the right thing” and not have any values? Why or why not?

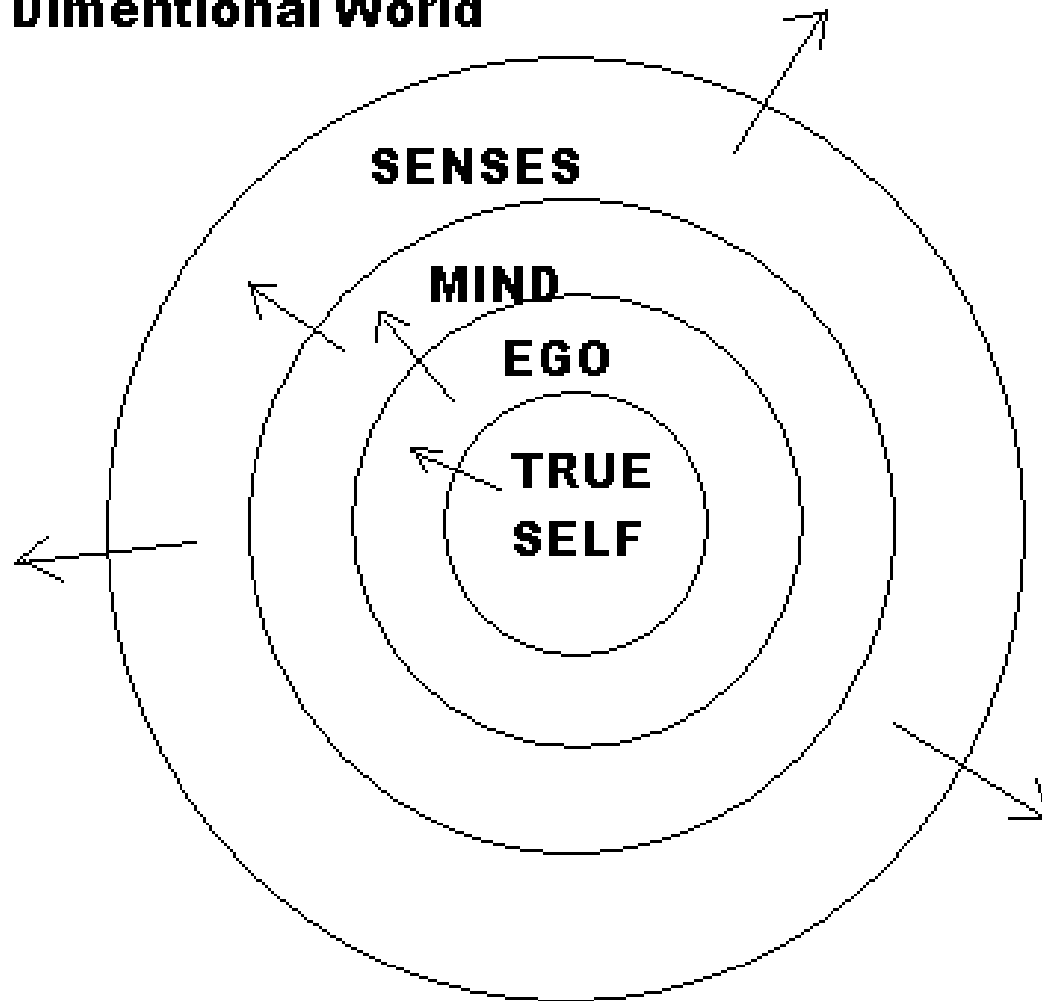
Can you have a good relationship with someone that doesn't share your values?



PYRAMID OF MASTERY



The Dimensional World



SHINE Core Values

1. Understanding Self
2. Honesty and Trustworthiness
3. Respect
4. Responsibility
5. Fairness
6. Kindness and Caring

SHINE Core Values

7. Citizenship, Environmental Awareness and Community
8. Courage and Perseverance
9. Self-Discipline
10. Sportsmanship
11. Leadership
12. Health and Nutrition

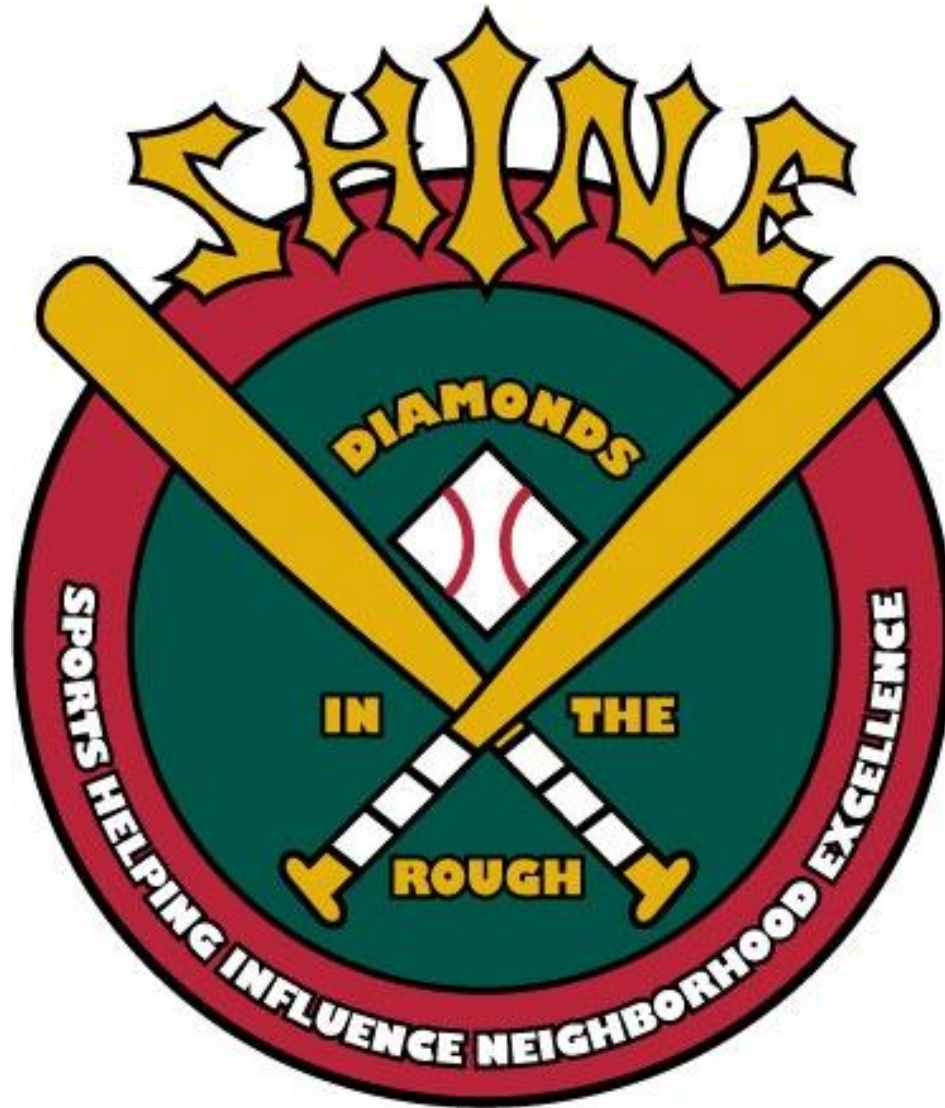
Mentoring

Does a mentor need to have core values?

Do you accept advice from someone that doesn't have any values?

Is there a link between leadership and values?





SHINE Program